

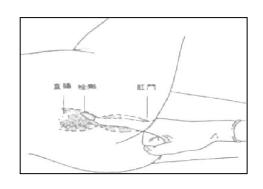
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肛門栓劑 用藥指導單

給藥前後請洗淨雙手。

- 1. 將栓劑拆去外包裝,再用溫水沾潤。
- 2. 仰躺後,用手指將栓劑由較圓滑的一端塞入肛門(約進去5公 分或食指長度)。
- 3. 如果栓劑太軟無法使用,可放入冰箱冷藏區 30 分鐘或於拆開外包裝前用冷水沖。
- 4. 夾住兩臀,保持躺姿 15 分鐘。



Instruction of Rectal Suppository

Wash your hands before and after using this medicine.

- 1. Remove the plastic wrapper and moisten the suppository with water.
- 2. Lie down on your side. Push the suppository well up into the rectum with your finger.
- 3. If the suppository is too soft to insert, chill it in the refrigerator for 30 minutes or run cold water over it before removing the plastic wrapper.
- 4. Remain lying down for about 15 minutes to avoid having the suppository come out.



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